



Wellness Out West

**HealthWEST**

Supporting our providers and communities to achieve good health

## Weekly Word - week ending 25 September 2009

PLEASE CIRCULATE TO ALL PRACTICE STAFF

### CNE Invitation

**“Diabetes: Putting your best feet forward”**

Stephanie Green - Diabetes Nurse Educator  
Bojoura Eelman - Podiatrist

**Date:** Wednesday 14<sup>th</sup> October  
**Time:** 6.30pm - Mix & Mingle  
7-9pm - Presentation  
**Venue:** Langtons on Lincoln  
130 Lincoln Road, Henderson  
**RSVP:** By Thursday 8<sup>th</sup> October to  
Pauline Covey Fax: (09) 836 1721 or  
email [events@healthwest.co.nz](mailto:events@healthwest.co.nz)

### HealthWEST AGM

**16 November 2009**  
The *HealthWEST* AGM  
is not too far away now.

We are searching for the shining stars  
in your organisation.

Keep your eyes open over the next couple of  
weeks for the nomination process of your stars.

Don't forget to put this date in your diaries as a  
“Night to Remember”

### Training Workshop 2009

**Date:** Tuesday 27 October 2009  
**Time:** 9am – 1pm  
What are the issues in school based  
health clinics?

Come and discuss the issues, please send  
burning issues to Sue Wilson  
(contact details below)

**Venue:** Global Café – ZEAL  
20 Alderman Drive, Henderson  
(By West Wave)

Facilitated by: Dr John Newman  
Youth Physician Specialist

This training/workshop is offered to  
anyone who works with young people.

**RSVP:** Sue Wilson: 839-0584  
Email: [sue.wilson@waitematadhb.govt.nz](mailto:sue.wilson@waitematadhb.govt.nz)

### Smoking Cessation Training

**Date:** Wednesday 21 October 2009  
**Time:** 6.00pm – Refreshments  
6.30pm – Training Commences  
**Venue:** HealthWEST Boardroom  
Level 1, Snelgar Building  
Waitakere Hospital  
55-75 Lincoln Road,  
Henderson

Maximum 20 participants!

**Contact:** Denise Trotman (09) 837 8843  
Sue O'Shea (09) 838 1720

**RSVP:** [deniset@healthwest.co.nz](mailto:deniset@healthwest.co.nz)