



HealthWEST

Supporting our providers and communities to achieve good health

## Weekly Word week ending 20 March 2009

PLEASE CIRCULATE TO ALL PRACTICE STAFF

### Nurse Combined Cell Group Meeting

**Topic:** Portfolios! Where do I start?  
**Date:** Thursday, 2 April 2009  
**Time:** 6.30 p.m. for refreshments, meeting commences at 7 p.m.  
**Venue:** Langton\$ on Lincoln, 130 Lincoln Road, Henderson  
**RSVP:** [events@healthwest.co.nz](mailto:events@healthwest.co.nz) or Phone 839 0503 by 26 March

Come along to hear professional advice on portfolios and how we can support each other.

### Man Alive

Man Alive is offering its **Men in Relationships** programme in Henderson starting 7 April. It is a 12 week course (2.5 hrs on 1 evening a week) run by an experienced counsellor.

Courses are targeted at any men experiencing stress and conflict issues in relationship and need some support. Evaluation of three courses over the last 18 months has shown the course to be a highly practical tool for change.

Feedback from both participants and their partners show significant shifts in their relationships and many are still sustaining these changes over a year after the course completion.

**Email:** [chris.mullins@manalive.org.nz](mailto:chris.mullins@manalive.org.nz)

**Phone:** 09 8890429

**Mob:** 027 278 8335

### CME

The next CME meeting will be held on Monday, Monday 6 April 2009.

**Topic:** Parkinson\$ and Migraines  
**Speaker:** Prof Barry Snow  
**Time:** 6.30 p.m. for refreshments, meeting commences at 7 p.m.  
**Venue:** Langton\$ on Lincoln 130 Lincoln Road, Henderson. (Opposite McDonalds and BP Service Station).

An invitation will be faxed out in due course.

### Community Neurobehavioral Service

CNS is a (publically funded) psychological service for people with an acquired brain injury and who experience emotional and/or behavioural difficulties relating to that injury. Other entry criteria include living in the Auckland/ Northland region and are under 65 years of age.

Services provided include: assessment, psychological therapy and behaviour management (working in clinic or home setting), review of medication and relevant medical factors.

For more detailed information and a copy of the referral form go to:  
[www.healthpoint.co.nz](http://www.healthpoint.co.nz)

**Phone:** 815 5643 to discuss any patients you think may benefit from our service:

**Email:** [sallyk@adhb.govt.nz](mailto:sallyk@adhb.govt.nz)

From the Staff of HealthWEST  
This has been published on the website  
[www.healthwest.co.nz](http://www.healthwest.co.nz)