



Supporting our providers and communities to achieve good health

## Weekly Word - week ending 19 February 2010

PLEASE CIRCULATE TO ALL PRACTICE STAFF

### HealthWEST CME

The first CME session for 2010 will be held on **Monday, 8 March 2010**

**Topic:** Insomnia  
**Speaker:** Tony Fernando, Senior Lecturer, Psychological Medicine, University of Auckland  
**Venue:** Langton on Lincoln  
130 Lincoln Road, Henderson  
**Time:** 6.30 p.m. refreshments  
7.00 p.m. Presentation  
**RSVP:** [events@healthwest.co.nz](mailto:events@healthwest.co.nz) or  
**Fax:** 8361721  
**By** 4 March 2010

An invitation will follow shortly.

### Waitakere Youth Health Training

The first session for 2010 will be held on Tuesday 16 March 2010

**Topic:** Youth Health Managing Change: Cognitive Behaviour Therapy  
**Speakers:** Ruby Tibbits and Ross Mackay, Marinoto Staff  
**Time:** 9am -1pm  
**Venue:** Te Pai Netball Courts, Te Pai Place, Henderson  
**RSVP:** Sue Wilson, by 9 March 2010  
Ph:839 0584  
[Sue.wilson@waitematadhb.govt.nz](mailto:Sue.wilson@waitematadhb.govt.nz)

### Locum Wanted

Swanson Medical Centre is looking for a locum GP from the 8 - 19 March, preferably, or any two weeks in March or April.

**Contact:** Jenny  
**Phone:** 021 170 3889 or 8339433  
**Email:** [jenny@swansonmedical.co.nz](mailto:jenny@swansonmedical.co.nz)

### Situations Wanted

**Experienced enrolled nurse** seeking full or part time work within West Auckland.

**Contact:** Sandi Murray  
**Phone:** 813 0868 evenings

### Additional CME session

HealthWEST in conjunction with Waiora have arranged an additional CME session on - **Wednesday, 17 March 2010.**

**Topic:** "Oh, Let's just not talk about it: Challenges and opportunities in Preventing Patient Suicide"  
**Speaker:** Dr Paul Quinnett, Clinical Psychologist and Clinical Assistant Professor at University of Washington School of Medicine, Seattle, Washington.  
**Venue:** Langton on Lincoln  
130 Lincoln Road, Henderson  
**Time:** 6.30 p.m. refreshments  
7.00 p.m. presentation  
**RSVP:** [events@healthwest.co.nz](mailto:events@healthwest.co.nz) or  
**Fax:** 8361721  
**By** 11 March 2010

### Smoking Cessation - ABC Training

Next training session details:

**Date:** Thursday 11 March 2010  
**Time:** 6.00pm - 8.00pm  
**Venue:** St Michael's Church Hall  
425 Great North Rd  
Henderson  
**Contact:** Denise Trotman  
**Ph:** 837-8843  
Diane Treadwell  
**Ph:** 838-1720

Completion of ABC training and the E-learning tool before 30/06/10 will result in certification and receipt of a gift voucher.

### CPR Nurses

We will be running a CPR course on Wednesday, 14 April 2010 commencing at 6 p.m. for refreshments. We have 5 places still available. Please phone or email Pauline giving name of participants and practice.

**DDI:** 838 1856  
**Email:** [Pauline@healthwest.co.nz](mailto:Pauline@healthwest.co.nz)