

BOWLS– INDOOR

Blockhouse Bay Bowling Club

8 William Donnelly Tc, Mt Roskill

Every Monday

Contact: Mr. J Patterson

Phone: 626-5690

Bowling Club

59 Macfadsean Drive, Blockhouse Bay

Every Tuesday

Contact: Mrs. Yvonne

Phone: 626-4063 or 579-7791(work)

Terry St. Bowling Club

12 Puketea St, Blockhouse Bay

Tue: 7.15pm

Contact: Mr. P. Fulton

Phone: 627-1797

Avondale RSA Indoor Bowls

8/72 Seabrook Avenue, New Lynn

Every Tuesday

Contact: Mr. Cleve Sullivan

Phone: 826-1513

Portage

63 Methuen Rd

Every Thursday

Contact: Mr. D. Keat

Phone: 828-8900

St. Domincs Bowling Club

6/14 New Windsor Rd, Avondale

Every Monday

Contact: Elane

Phone: 828-2325

St. Francis Bowling Club

11 Calvin Place, Avondale

Every Tuesday

Contact: Mrs. C Sinclair

Phone: 828-8354

DANCING

www.wheretodance.co.nz

Ballroom Dancing

Avondale College

Victor St, Avondale

Open By Term

Tue: 7pm-8pm (Beginners)

Tue: 8pm-9pm (Intermediate)

Ph: 820-1720 Fax: 820-0183

Laurel Taylor Dance Studio

52 Roberton Rd, Avondale

Contact: Laurel

Phone: 828-5411

Mobile: 021-964276

Belly Dancing

Avondale College

Victor St, Avondale

Open By Term

Tue: 7pm-8pm (Beginners)

Tue: 8pm-9:15pm (Intermediate)

Ph: 820-1720 Fax: 820-0183

Latin American Dance

Avondale College

Open By Term

Tue: 8pm-9pm (Beginners)

Ph: 820-1720 Fax: 820-0183

Line Dancing

Avondale Community Centre

99 Rosebank Rd, Avondale

Wed: 10am-12pm

\$6 for per session

Contact: Val Ph: 629-2401

Old Time Dancing

Blockhouse Bay Community Centre

Mon: 1.15pm-3.15pm

Contact: Johnny

Phone: 828-8930

Rock'n Roll

Avondale College

Open By Term

Tue: 7pm-8pm (Beginners)

Ph: 820-1720 Fax: 820-0183

Salsa Dancing

Blockhouse Bay Community Centre

Beginners: 7.00pm Thursdays

Improvers: 8.00pm Thursdays

Phone: 0800 4 72572

Waitakere City School of Dance

Jazz, Hip Hop & Ballet from Pre-School to Adults

Contact: Natalie Sinclair

Phone: 813 3664

Mobile: 021 035 4262

Email: dancewaitakere.co.nz



KARATE CLASS - ADULTS
Auckland Kyokushin Karate Club (Adult Karate Class)

Avondale Community Centre
99 Rosebank Rd, Avondale
Mon: 6:30pm-8pm
Contact: Takiwa
Phone: 483-5935

WALKING
Avondale Ramblers

Avondale Community Centre
99 Rosebank Rd, Avondale
Wed: 9am
Contact: Linda
Phone: 828-4281

YOGA
Yoga Studio
18 Victor St, Avondale
Open by Term
Phone: 828-0018
Yoga Class For Beginners

Avondale College
Open by Term
Ph: 820-1720
Fax: 820-0183



WEDNESDAY WAITAKERE
WALKS 2007

Adventure at your back door

Wednesday 28 March

Upper Nihotupu Dam

An easy walk along a closed metal road, through beautiful native bush, streams and waterfalls. Forested ridges descend into the 14.5ha Upper Nihotupu Dam providing fiord-like scenery.

Meet: 9.50am, Upper Nihotupu Dam car park, Piha Road.

Grade: Easy



Wednesday 18 April

Mercer Bay Loop

A guided walk along the top of the highest windswept cliffs in the Auckland region. Find out the origin of Rangitoto. View the coastline from Whatipu to Muriwai.

Meet: 9.50am,, Te Ahuahu Road car park, Piha

Grade: Moderate

BLOCKHOUSE BAY
&
AVONDALE

“LOCAL PUSH PLAY ACTIVITIES”

(Compiled by Jene Lin)



Te Rongoaa Kakariki **Green Prescription**

For more information contact:
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